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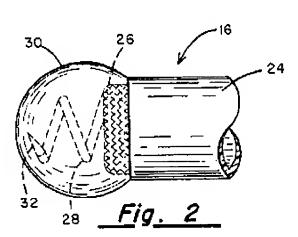
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Soluble covering for cardiac pacing electrode.

A biocompatible covering (30), soluble in body fluids, surrounds the fixation helix (28) of an implantable cardiac electrode as the electrode, and its adjoining lead (18), are inserted intravenously to a selected cardiac chamber. The covering size and shape are selected for protection of blood vessels and other body rissues during insertion, and for exposure of the fixation element (28) shortly after its proper positioning. The covering (30) may be applied to the fixation element (28) by a dip coating process, or formed separately by casting or injection molding, for later attachment to the lead (18) distall and using an adhesive.



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#### SOLUBLE COVERING FOR CARDIAC PACING ELECTRODE

This invention relatis to cardiac diagnostic and chronic therapeutic leads, and more particularly to fixation leads in which an electrode includes an anchoring element.

The utility of pardiac bacing leads is well recognized, both for carrying pulse stimulation signals to the heart from a pacemaker, and for monitoring heart electrical activity from outside the body. Many such leads are sufficiently flexible and small in planeter for intravenous introduction to a cardiac cavity, whereupon an electrode at the distal and of the lead is implanted into the endocardium to secure the lead. For this purpose, helical coils, barbs and other anchoring elements are provided, typically as part of the electrode.

The anchoring element must be sufficiently sharp to penetrate the endocardium and secure the electrode against becoming detached, for example due to contractions of the myocardium. During a critical period immediately after implant and prior to full fibrotic growth, usually three to twelve weeks, the anchoring element must provide substantially the entire force maintaining the electrode in its selected location. Given these requirements, it is not surprising that an effective anchoring element can become entangled in the voin, heart valve or other tissue encountered during its intravenous insection.

The problem has given rise to numerous proposed solutions. For example, U. S. Patent No. 3.9/4.834 to Kane granted August 17, 1976 shows a sleeve which shrouds the sherp tip of a fixation helix, but collapses in accordion-like fashion as the helix is turned into the endocardium. In U. S. Patent No. 4.282.885 to Bisping granted August 11, 1981, a protective core is surrounded by the helix, and is movable axially relative to the helix. A wire, attached to the core, extends through the lead and can be culled after lead insertion to withdraw the core, exposing the helix. U. S. Patent No. 4.146.036 to Dutcher et all granted March 27, 1975 discloses an extensible and retractable core surrounded by the helix.

Cther solutions involve making the fixation element movable. For example, in U. S. Patent No. 4.180,080 to Murphy granted December 25, 1979, a spiral coil, normally recessed within a guide tube, can be notated whereby it emerges beyond the tube. U. S. Patent No. 3.844,292 to Bolduc granted October 29, 1974 discloses a plunger outside of the body which, after release of two locking mechanisms, is movable to push outward a barb-like tip. A somewhat similar arrangement, involving a platinum piston movable to push a harpoon-shaped anchor beyond the end of a futbular electrode, is

shown in U. S. Patent No. 4 258.724 to Balat et al granted March 31, 1981.

Such devices, while satisfactory in certain respects, are undesirable in that leads employing them must have a larger diameter. They often require additional tools, for example a stylet-type screw driver for rotating the helix. Further, such devices are often overly complex, diminishing their reliability and raising the possibility of a current teakage path between conductors of bipolar leads.

Therefore, it is an object of the present invention to provice a smooth, rounded covering for the anchoring element of a cardiac endocardial electrode to facilitate intravenous insertion of the electrode.

Another object of the invention is to provide such a covering which is soluble in body fluids, thereby to expose the anchoring element at a specified time after its initial insertion into the body.

Yet another poject is to provide a simple, nonmechanical means for covering fixation mechanisms during intravenous insention of a pacing electrode having an anchoring element, without requiring any longitudinal relative movement between the electrode and anchoring element.

#### SUMMARY OF THE INVENTION ...

To achieve these and other objects, there is provided an intravascular lead implantable inside a patient's body. The lead includes an electrode having a fixation element for effecting penetration into encocardizi assue at a selected location to secure the electrode at the selected ocation. The lead includes one or more flexible electrical conductors. and one or more flexible, biocompatible dielectric sheaths surrounding the conductors along substantially their entire length. A coupling means electrically and mechanically joins the electrode to a distal end of the conductor, whereby the conductor and electrode transmit electrical signals from the selected location to the lead proximal end. A biocompatible covering surrounds the fixation element and facilitates intravascular movement of the electrode. The covering is scluble in podily fluids and has a thickness selected to allow at least a predetermined minimum time for the intravascular insertion of the lead and electrode, and for the positioning of the electrode at least proximate to the selected location, before the covering dissolves sufficiently to expose the fixation element and permit the genetration.

Mannitol, and other sugar derivatives, have

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been found suitable for retiring the devening, which can be produced by disping the fixation element into a beaker containing the mannitol or other covering constituent at a temperature slightly above its meiting point. The fixation element is removed, cooling the element, along with a portion of material adhering to it. Alternatively, the covering can be preformed as a capsule, with a bore formed in the capsule for accommodating the fixation element. An aithesive is then used to join the covering to the electrods, with the fixation element inside the bore.

Another aspect of the present invention is an apparatus for facilitating intravascular insertion of a cardiac pacing electrode. The apparatus includes a piccompatible, non-pyrogenic covering substantianly surrounding a fixation element of an electrode. The covering a soluble in podily fluids and has a thickness selected to allow at least a predetermined time for intravascular insertion of the electrode at least proximate a selected location inside the body of the patient, before the devering dissolves sufficiently to expose the fixation element to permit penetration of the fixation element into body tissue at the selected location.

As another aspect of the invention, there is disclosed a process for coating a fixation element of a body implantable electrode, including the steps of:

(a) selecting a biocompatible, non-pyrogenic material solvole in bodily fluids and having a melting point substantially acove normal body temperature, and heating the material to a temperature slightly above its melling point:

- (b) cipping a fixation element of a body implantable alectrode into a solution of the material maintained at said temperature;
- (c) removing the fixation element, along with an initial portion of the material adhering to the fixetion element, from the solution and permitting them to cook a sufficient time for said initial portion to at least partially solidify;
- (d) dipping said fixation element and initial cortion into the solution for a time sufficient to partir a subsequent portion of the material to arihere to the initial portion; and
- (e) removing the fixation element, initial portion and subsequent portion from the solution, and permitting them to cook to an ambient temperature.

Steps (d) and (e) may be repeated until the thickness of the covering is sufficient for the desired dissolving time.

A covering in accordance with the present invention, whether preformed or applied through dip coating, forms a smooth, plent distal tip for its associated read, allowing an expeditious, intravenous insertion of the read, without concern that the

fixation element will shap upon. Teat or otherwise damage the vein or any other tissue as it travels toward the heart. A short time after the electrode reaches the selected cardiac chamber, there is a sufficient dissolving of the covering such that the fixation element is expused and ready to penetrat the endocardium.

Due to the many materials suitable for the covering, which include various saits and polyvinyl-pyrrolitione as well as the aforementioned sugar derivatives and further due to controlling the covering thickness, a wide range of dissolving times is available, so that a particular covering can be tailored to the expected time for a carricular procedure. Further refinement is provided by the preformed capsule, due to enhanced control over size, thickness and surface area of the covering.

#### IN THE DRAWINGS

For a better appreciation of these and other features and advantages, reference is made to the following detailed description and the drawings, in wright:

Figure 1 is a side sectional view of the distallend region of an implantable, positive fixation, cardiac lead:

Figure 2 is an enlarged side view showing the lead of Figure 1 provided with a soluble covering in accordance with the present invention;

Figure 3 is a view similar to that of Figure 2, illustrating the covering at an intermediate stage of its formation;

Figure 4 is a side view of 3 lead provided with a second embodiment occaring:

Figure 5 is a side elevation of a lead provided with a third embodiment devering comprising a included too:

Figures 6 and 7 are side views of leads provided with covering comprising pre-mouted lips:

Figures 8 and 9 are top and side views, respectively, of a tool used in forming soluble coverings pursuant to the present invention.

## DETAILED DESCRIPTION OF THE PREFERRED EMBODIMENT

Turning now to the crawings, there is shown in Figure 1 the distal end region of an implantable, positive fixation, cardiac lead 16. Devices such as lead 16 typically are inserted intravencusly, for axample into the subclavian vein or the cephalic

vein, and progressively invoved toward the heart until the distal and reaches a selected cardiac chamber. With the distal top positioned at a selected ocation, the lead proximal end, still outside of the body, is maneuvered to implant the distail tip into the endocardium. The implanted ead transmits electrical signals between the selected location in the heart and the lead proximal end, for one or both of two purposes; to monitor heart electrical activity at the selected location, and to carry stimulating signals to the selected location from a pulse generator and shown) connected to the lead proximal end.

To transmit the electrical signals there is provided an electrical conductor, shown in Figure I as a double-wound coil 18 formed of a micker alloy. The obliphoparameter maximum flexibility for conforming to the rein, with minimal stress on the conductor. At the distallend of the ad is an electrode 20, electrically and mechanically coupled to coil 18 by a platinum alloy primp tube 22. A flexible, dieloctric sheath 24 surrounds the poil and crimp tube. A suitable material for the sheath is silicone rubber.

Electrode 20 is porcus, having a screen 26 formed of a platinum alloy. Screen 26 aids in doronic fixation, whereby fibrous connective tissue intertwines with the screen to firmly secure electrode 20. Fibrous encapsulation, however, can take weeks, and it is essential to provide a means for positively securing the lead distal and during the time immediately following implantation. To this end, there is provided a fixation halix 28 of platinum addy. Heix 28 has a sharp point at its distail and, which readily penetrates the endocardium Upon initial penetration, the netix is manipulated from the proximal and of lead 16, whereby it rotates diockwise, to further penetrate the tissue, to the point of firmly securing electrode 20 at the designated endocardial location.

A crectem associated with helix 28 is that its sharp lip is capable of snagging and becoming entangled with the blood vessel wall, lipholis values, or heart value. Consequently, the physician using ead 18 typically is advised to rotate the helix countercrockwise, which tends to draw the sharp point of the helix away from the tissue it ancounters, to minimize the potential for entanglement. Alternatively, protective devices, such as those discussed above, have been employed.

Figure 2 illustrates lead 16 with a covering or to 30 immented at its distal end in accordance with the present invention. Tip 30 is solid, and adheres to helix 28, screen 26 and the distal end of sheath 24. The outer surface of tip 30 is generally spherical However, the precise surface configuration is not so important as the fact that tip 30 is smooth, rounded and blunt, and that it completely surfounds fixation helix 28 to protect intravascular and

other tissue from the fixation helix, particularly its snarp point 32.

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Tio 30 is composed of a non-toxic, biocompatible and non-pyrogenic material. Also, the material must be soluble in body fluids (particularly blood), within a temperature range encompassing normal body temperature (37° C.). Further, the material of tip 30 must maintain its structural integrity in an environment of body thirds at or about normal body temperature, in that it should not undergo plastic or elastic deformation as it dissolves. Usually the structural integrity requirement is satisfied if the melting point of the tip is substantially above normal body temperatures, in fact preferably 60° C, or higher.

In one example, tip 30 has been formed of mannitol, chemical formula  $C_0 \mapsto Q_0$ . Mannitol has a motting point of about 187° C., and one gram dissolves in about 5.5 milliliters of water, with solubility being greater in hot water. Mannitol in a glass beaker was first heated to a temperature between 177° and 182° C., slightly above its meeting point, and maintained at that temperature. The distallend of lead 18 was implied in the mannitol solution for a brief time and withdrawn. A portion of the mannitol achieved to herix 28, forming a core portion 34 as illustrated in Figure 3. Away from the beaker, helix 28 and core portion 34 were allowed to cool a sufficient time for the core portion to solidity. This cooling required about five seconds.

Following cooling, the head distal end was dipped into the mannitol melt ence again, then withdrawn after about one second. A second portion of the mannitol melt, adhering to core portion 34, helix 28 and screen 26, was sufficient in combination with the core portion to form to 30 as illustrated in Figure 2. The spheroid tip configuration results from the natural surface tension of the mannitol melt as it solidifies. A tip formed in this manner dissolves in water heated to about 38° C, in about three and one-half minutes.

Repeated trials of this example have yielded consistently satisfactory lead tips. The results indicate that the precise temperature of the mannitol melt is not critical, so long as it is maintained in liquid form, slightly above the melting point. Likewise, the duration of each dip coating is not critical, although it must be sufficient for adherence of subsequent mannitol layers while not so long as to melt mannitol previously solicified onto the lead. Finally, as the number of dip coatings required is largely a function of desired tip size, certain tip designs may require substantially more than the two dip coatings described.

The dissolving time for tip 30 in body fluid is controlled principally by the tip material, surface area and thickness so that increased dissolving times can be provided, if desired, by increasing the

tip thickness. The main concern is that no 30 be of sufficient size to ensure that lead 16 can be directed intravenously to the selected cardiac chamber prior to exposure of belix 28, particularly at point 32. Also of concern is that within a reasonably short time after insertion, tip 30 is completely dissolved to expose neilx 28 for the implanting of electrode 20.

White the above example involves mannitol, other sugar derivatives stable at temperatures below 80° C, are suitable substitutes, for example dextrese, sorbese, sucrose, and glucosamine. Also usable are certain sairs for example similar obligation, potassium chloride, potassium chloride and addium carbonate. A further suitable constituent is polyvinylpyrrolidone (PVP). These materials are suitable, as well, with non-hetical fixation elements.

The dip process described above, when used to form tip 30, tends to trap air which expands due to heating, and can cause undesirable formation of bubbles in the tip. In such cases, it is advantageous to control the degree to which the lead distallend is submerged into the constituent melt. For example, Figure 4 illustrates a lead 36 in which a tip 40 entirely surrounds a fixation helix 42. Tip 40 does not abut a sheath 44, but leaves a proximal portion 46 of a screen 48 exposed. As a result of such controlled submersion, air can escape through proximal contion 48, and later the proximal portion facilitates ethylene exide sterilization of the ead distillend.

For improved control over the size and shape of the soluble tip, a tip 50 for a lead 52 is formed by a casting or injection mulding of a constituent meit. The tip surrounds a nelix 54 and screen 56, to abut a sheath 56. As indicated at 80, the profile of the tip along its side a linear, while a rounded blunt distall end 62 is retained. This allows a reduction of tip diameter to the nominal lead stameter, to further facilitate intravenous insertion.

Another method of controlling the size and shape of the tip is to preform the tip by casting or injection molding. Figure 6 illustrates a lead 84 with a screen 65 and fixation helix 66 affixed to a conductor which is surrounded by a sheath 68. Surrounding the helix and screen is a preformed tip or capsule 70, fixed to sheath 68 using an adhesive at 72. Such adhesive can be the molten material itself in the case of mannitol, a heated syrup of fructose and sucrose which solidifies upon cooling. or syrups of other sugars (mannitol, sorbitol, etc.). A large diameter opening 74 is formed in capsule 70 to accommodate screen 65, while a cylindrical pore 75 of greater depth accommodates helix 66. As indicated by broken lines at 77 and 78, bore 76 can be shaped to provide a substantially uniform thickness in capsule 70 if distred. One or more openings, as indicated at 79, can be formed if cesired to facilitate sterilization and increase the capsule surface area exposed to bodily fluids during lead insertion.

Although it requires an adhesiv not needed in the dip coating or cirect mold approach, a preformed tip has sev ral significant advantages. First, it affords maximum control over the tip size and shape, so that a comparatively precise dissolving time can be achieved by appropriately selecting tip constituents and tip thickness. The resulting consistency among many tips renders the preformed tip the preferred choice for mass production. Also, the preformed tip requires less of the tip constituent. In particular, no constituent is provided where none is needed - namely, in the cylinder defined by the fixation holix. This factor contributes to more predictable dissolving times as well as material savings. Preformed tips are more amenable to being installed or replaced on site. Finally, constituents that cannot be meited because of their therrnal instability, but which have the desired dissolving properties, can be formed into a tip such as tip 70 by compression or molding. Examples of such constituents are lactose, lecithin in combination with other materials, and glucosamine.

In Figure 7, an alternative preformed tip or capsule 80 is mounted to a lead 82 over its fixation helix 84 and screen 65. A helical bore 88 is formed in tip 80, of a size and shape to accommodathelix 84, so that tip 80 is secured to lead 82 by turning it clockwise upon the helix. So mounted, tip 80 depends less upon an adhesive, and may not require any adhesive to connect it to a sheath 90.

Shown in Figures 8 and 9 is a forming tool 92, which is an aluminem block including two opposed sections 94 and 96 hald together by socket head screws 98 and 100. The apposing walls of sections 94 and 96 are cut away to form cavities 102, 104 and 108 when sections 94 and 96 are mounted with respect to each other as shown in the figures. Spacers, indicated at 108, maintain a stight gap between sections 94 and 96, preferably of about 0.005 inches.

The cavities are substantially identical in shape, although they can be formed in different sizes corresponding to tips of different selected sizes. Cavity 104, for example, includes a tip forming segment 110 and an upper chamfered segment 112. Tip forming segment 110 has the desired cytindrical sides and rounded base to form the desired blunt tip, while chamfered segment 112 facilitates insertion of tips prior to their shaping, and also serves as a temporary catch basin for excess melted tip material.

Forming tool 92 is used to control the size and shape of a soluble tip formed by the tip process described in connection with Figures 2 - 4. More particularly, the lead distall end is dioped in the

mannatol solution, permitted to ocol, men dipped again, this process being repeated a sufficient cumber of times to form a tip larger than the desired size. Then, after heating forming tool 92 to a desired temporature, preferably slightly over the mannitor meiting point, the tip formed by dip coating is momentarily inserted into the desired one of naviries 102 - 106, then quickly withdrawn, the sesured time within the chosen cavity being a fraction of a second. During this brief insertion, the heated cavity wall melts the excess mannitol, whereucon the melt is removed by draining through the gap formed by spaces 108. Part of the excess marnitol mett is collected criefly in chamfered segment 112 before crainage. While not necessary, the troican be notated slightly about a vartical axis while inserted, to further ensure the desired cyindrical sides and blunt end.

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Whether formed by dip coating, direct molding or moided separately for later attachment, a soluble to in accordance with the present invention renders cardiac pacing lead implantation safer and less traumatic to the patient. As it is moved toward the heart through a selected vein, the tip dissolves, but at a sufficiently slow rate to prevent exposure of the fixation helix or other fixation element, until the electrode is at least near to its selected location along the endocardium. The smooth, rounded and blunt to in fact expedites intravascular lead insertion. The tip thickness and constituent can be selected in accordance with the anticipated insertion time, with particular accuracy in the case of a preformed up or capsule. Thus, within a brief penod of time after proper positioning, the fixation helia or other fixation element can be manipulated from cutside the body, in the usual manner, to secure the electrode.

#### **Claims**

An intravascular lead implantable inside a patient including;

an electrode having a fixation element for effecting penetration into endocardial dissue at a selected location to secure said electrode at said selected location; a flexible efectrical conductor; a flexible, biccompatible dielectric sheath surrounding said conductor along substantially the entire length thereof and a coupling means for electrically and mechanically joining said electrode to a distal end of said conductor, whereby the conductor and electrode transmit electrical signals between said selected location and a proximal end of said conductor and

a biocompatible covering surrounding said fixation element for facilitating intravascular movernent of said electrode, said covering soluble in body fluids.

stable in an ambient environment, having a melting point of at least 60° C, tending to maintain its structural integrity in an anvironment of bodily fluids at approximately body temperature, and having a thickness selected to allow at least a predetermined minimum time for the intravascular insertion of said lead and electrode and the positioning of said electrode at least proximate said selected location, before said covering dissolves sufficiently to expose said fixation element and permit said penetration, said covering consisting substantially of at least one of the following constituents: mannitor, dextrose; sorbose; sucrose; sodium chloride; potassium chloride; and sodium carbonate.

- 4 The apparatus or intravascular lead of Claim 1 2 or 3 wherein: said covering comprises a preformed capsute with
- means forming a bore in said capsule for accommodating said fixation element, and means joining said capsule with respect to said electrode with said fixation element inside of said bore.
- 5 The apparatus or intravascular lead of Claim 4 wherein:
- said joining means comprises an adhesive.

  6. The apparatus or intravascular lead of Claim
- 4 wherein: said fixation element is a helix, and said open has a nelical shape corresponding to the shape of said helix.
- The intravascular lead of Claim 2,3.4,5 or 6 wherein:
   said electrode includes an electrically conductive and porcus electrode portion proximally of said fixation element.
- 9. The intravascular lead of Claim 7 wherein: said covering overlies part of said portus electrode portion and leaves the remainder of said partien exposed.
- 1. An apparatus for facilitating intravascular insertion of a body implantable device, comprising: a body-implantable device, a fixation element at a distal and of said device, and a biocompatible, nonpyrogenic covering substantially surrounding said fixation element, said covering having a melting point of at least 60°C, being stable in an ambient environment, soluble in body fluids, tending to maintain its structural integrity in an environment of bodily fluids at approximately body temperature, and having a thickness selected to allow at least a predetermined time for the intravascular insertion of said distal end at least proximate to a selected location inside a body of a living animal, before said covering dissolves sufficiently to expose said fixation element to permit penetration of the fixation element into body tissue at said selected location. said covering consisting substantially of at least

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one of the following constituents; mannitel; dextrose; sorbose; sucrose; sodium chloride; sodium carbonate, and potassium chloride.

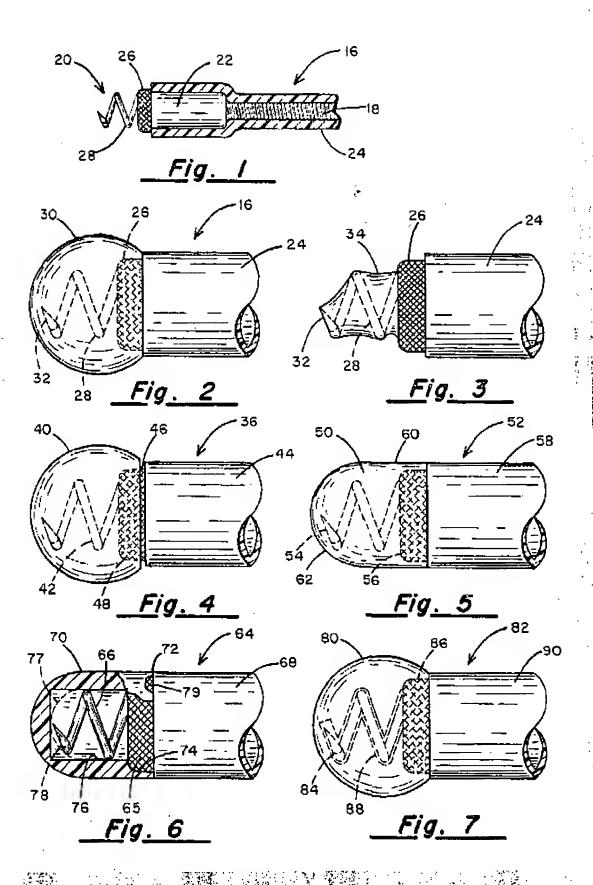
- The apparatus of Claim 9 wherein: said body implantable device comprises a cardiac pacing electrode.
- 9. The apparatus of any preceding Claim wherein: said covering is formed by dip coating a material comprising said covering in liquid meit form onto said fixation element for solidifying in surrounding relation to said element.
- 10. The apparatus of Claim 2 wherein: said electrode includes an electrically conductive and porous screen located proximally of said fixation element, and said electrode is selectively dip coated to cover said fixation element and a purificing said screen, leaving the remainder of said screen exposed.
- 11. A process for coating a fixation element of a body implantable electrone, including the steps of:
- (a) selecting a biocompatible, non-pyrogenic material soluble in bodily fluids and having a melting point substantially above normal body temperature, and heating said material to a temperature slightly above its melting point;
- (b) dipping a fixation element of a body implantable electrode into a solution of said material maintained at said temperature;
- (c) removing said fixation member, along with an initial portion of said material achering to said fixation member, from said solution and permitting them to cool a sufficient time to allow said first portion to at least partially solidify;
- (d) dipping said fixation member and material portion, after said cooling, into said solution for a time sufficient to permit a subsequent portion of said material to adhere to said initial portion; and
- (a) removing said tixation member, initial partion and subsequent portion from said solution, and permitting them to cool to an ambient temcerature.
- 12. The process of Claim 11 including the further steps of: repeating steps (d) and (e) until the combined thickness of said initial portion and all subsequent portions is at least a predetermined value.
- 13. The process of Claim 11 or 12 including the further steps of: providing means defining a cavity having a selected size and shape, and heating a walf forming said cavity to a preselected temperature at seast as high as the maiting point of said material; and with the combined thickness of said material portions being at least said pred termined value to form a tip larger than said cavity, momentarily

inserting said tip into said cavity to melt excess material; and drawing said excess material from said cavity.

14. An intravascular lead implantable inside a

- patient, including: an electrode having a fixation element for effecting penetration into endocardial tissulat a selected location to secure said electrode at said selected location; a flexible electrical conductor; a flexible biocompatible dielectric sheath surrounding said conductor along substantially the entire length thereof; and a coupling means for electrically and mechanically joining said electrode to a distallend of said conductor, whereby the conductor and electrode transmit electrical signals between said selected location and a proximal end of said conductor, and
- a biocompatible covering surrounding said fixation element for facilitating intravascular movement of said electrode, said covering solubie in body fluids, stable in an ambient environment, having a melting point of at least 60° C., lending to maintain its structural integrity in an environment of bodily fluids at approximately body temperature, and havng a thickness selected to allow at least a predetermined minimum time for the intravascular insertion of said electrode and the positioning of said electrode at least proximate said selected location, before said covering dissolves sufficiently to excase said fixation element and cermit said penetration, wherein said covering is formed by dip coating said fixation element with a liquid mest of material comorising said covering.

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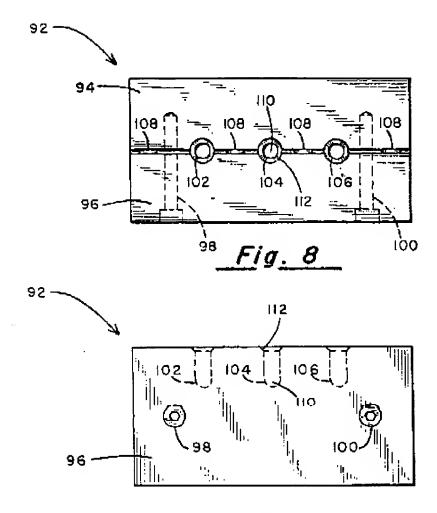


Fig. 9



### EUROPEAN SEARCH REPORT

EP 88 31 1860

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